



Empowering the Iowa Girl

Leadership. Culture. Character. Performance.

TEAM CULTURE CHECK-IN

Team Culture **PRAISE**

—things you appreciate or want to affirm in the coaching practices and our overall culture:

Team Culture **POLISH**

—things you would like our coaches or those in our team to do better or differently:



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Rate the overall **state** of your team culture:

1 = DISTRESSED

10 = OPTIMAL



1 2 3 4 5 6 7 8 9 10

Which of the options below best describe the **trajectory** of your team culture:

- A. Moving in negative direction
- B. Stalled, stuck, stagnant
- C. Developing in positive direction
- D. Stable, in optimal condition

EXPLAIN

the choice you indicated above: