



Empowering the Iowa Girl

Leadership. Culture. Character. Performance.

TEAMWORK SELF-STUDY

Select a PERIOD OF TIME that
you will focus on: _____

Part A) Rate your performance on the following:

1 = POOR

10 = OPTIMAL



1) ... finding ways in which I can best contribute to the goals of the team; being reliable and dependable.

1

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2) ... working well with others on the team, including those with different perspectives, talents, abilities, or beliefs.

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3) ... helping others on the team to work well together.

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4) ... being open to ideas and suggestions from others about team tasks or goals; supporting those who do a good job leading on a task or a goal.

1

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5) ... finding roles or tasks that best suit other team members so everyone can do their best work and be their best self.

1

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Part B) List what you could do **BETTER or DIFFERENTLY** in the future
for more optimal **teamwork**:



EXCELLENCE
WITH INTEGRITY

TOOLS